

STEPPING STONES

California Alpha Delta Kappa

Volume 2

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President's Message



The state convention is eight weeks away! To date, we have only 43 registered. Why is it important to have a state convention? It is the only time for all the sisters in the whole state of California to come together to the same place to get together, socialize and do the business of the state. It is about sisterhood. Sharing ideas. Change the course of the next biennium. It's been too long since this has happened in person. The last convention was in 2018. Let us all as California Sisters "Step Into the Future" at the 2024 State Convention.

There is so much going on in each chapter! Not even Zoom can keep up with the incredible happenings in each chapter. Not to mention covering the entire state of CA. I enjoyed reading the minutes from each chapter,

joining chapter meetings on Zoom, being invited to, and attending special events. Attending District Conferences where I can really enjoy meeting the sisters individually. Thank you for including me at your table. I know that each member of the Executive Board and guests enjoys sitting with members at each table as well. It fosters a sense of belonging for everyone.

Speaking of district conferences, the Marina Conference was held this past January with the theme of "Stepping with S.T.E.A.M." The guest speaker was Dr. Laura Henriques from Zeta, who gave us a brief description of the Young Scientists Camp at CSULB. YSC was designed to: provide hands-on science academic enrichment for area youth and provide mentored science teaching opportunities for prospective teachers. Since 2008, they have partnered with Long Beach

Unified to provide camp to foster youth and students experiencing homelessness. We ended with an interactive S.T.E.A.M. competitive activity hosted by *Zeta*. Fun was had by all!

The Southern District Conference will bring in the spring with their theme in March “*At Home in the Inland Empire*”. I will wait in anticipation for what is in store at the conference in the Southern District.

I feel during my presidency, we have taken great steps to move AΔK into the future. I will continue to contribute ideas to our organization, grow in knowledge and relish in the continued joys of sisterhood.

Looking forward to seeing everybody at the Convention.

Rosena Kruley, California State President

**REGISTER BY MARCH 22 TO
ATTEND
CALIFORNIA STATE
CONVENTION**

San Jose is the place to be April 26 to April 28 to celebrate the California AΔK *Step Into The Future* during the thirty-fifth state convention. Your destination is the San Jose DoubleTree by Hilton Hotel. The

three days of smiles, sisterhood, and good times, begin on Friday, April 26 with a meet and greet reception.

Saturday is jam-packed with activities from the Leadership Breakfast to a general session to conduct state business including election of new state officers and ending in the traditional elegant Banquet and Installation of Officers. Sisters who have joined Omega in this biennium will be remembered at the Memorial Service led by Mari Page, state chaplain, on Sunday morning. Karen Kirby and Susan Raffo are the convention chairs. Virginia Riding of Gamma will move from the office of president-elect to lead the state for the next two years. Registration forms are available on the state web site, were eblasted to all members, and are attached to this newsletter.

Registration deadline is March 22. All members are welcome and encouraged to attend and participate in taking care of the business of the state. Each chapter allows one voting delegate for every ten active members.

**NOEL LEONARD FUNDS
AVAILABLE TO
CONVENTION ATTENDEES**

The generosity of Noel Leonard, state president from 1992-1994, provides \$100 in financial aid for first-timers at the state convention in San Jose and a similar amount for council leaders attending the regional conference in

Bellevue, Washington, this summer. Each council receives one first-timer grant. Chapters nominate one member who has not attended a state convention and who shows promise of leadership in the organization. Her name is then submitted to the council where a random drawing is held to determine the recipient. The council presidents must notify the state president of their selections by April 1, 2024. Regional conference grants are for officers or a designee of a council to further their leadership skills. There is one grant for each council with recipients chosen by the council. The deadline for submitting the names to the state president for this award is June 1, 2024.

SALES AT STATE CONVENTION

Chapter altruistic sales may take place at the state convention. To reserve a place, chapters must submit the application available on the Home Page of the state website to Marlene Cordova, Convention Treasurer, listing the items for sale and the name of the altruistic project that will benefit. The application must include a \$20 donation to the State Altruistic Project. Applications must be received no later than March 31, 2024. Space is limited.

BRING YOUR BANNER

Remember to bring your chapter banner to the state convention for the Parade of Presidents.

STATE SCHOLARSHIP DEADLINE APPROACHES

One thousand five hundred dollars awaits the next Eleanor Bendell State Scholarship winner. The award is given to a member of CA Alpha Delta Kappa who is actively engaged in education and is seeking advanced study or development of a project advancing student or educator proficiency. Applications available on the state website must be emailed to State Scholarship chair, Susan Raffo, no later than March 1. The recipient will be announced at the state convention on April 27.

CALL FOR SERGEANTS-AT-ARMS

Many volunteers are needed to assist Debbie Waltzer, CA Sergeant-at-Arms during the convention. Please let her know if you would like to serve. adk.debbiewaltzer@gmail.com

HONORING OUR SISTERS WHO HAVE JOINED OMEGA CA STATE CONVENTION

The loss of a sister to Omega is always sad for a chapter, but when we attend the State Convention, we have the opportunity to honor these sisters who have passed into the Omega Chapter by our attendance at the Omega Service remembering their lives. This service will feature some of these members' contributions to AΔK, their schools, as well as their pictures.

So far this biennium we have had 39 members pass into Omega. Almost all of these members' chapters have contacted me with their information. If your chapter has not yet contacted me about sisters who have passed into Omega or if your chapter has not updated the AΔK website on your member's passing, please do so at once. My cutoff date for submissions is **April 1, 2024**. Any name submitted after that date will be included in the 2024-2026 biennium.

I do not want to have any Omega Sisters miss the recognition they deserve.

You and your chapter can help in this recognition if you have a member who has joined Omega and have not

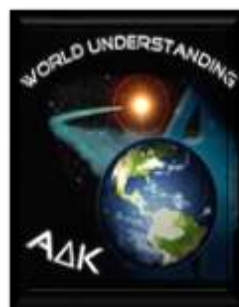
sent me their information. When you do this, please send me:

- 1) Five or six interesting facts about the sister.
- 2) Two pictures of her (digital preferred). When you send the pictures you might choose an individual picture of the sister.
- 3) Group picture with her chapter sisters.

If you have any questions, please call me. 714/356/9678. Please leave me a message in case I don't recognize your number and I will return your call. My email is: adkmari.page@gmail.com

***Submitted by: Mari Page
California State Chaplain***

2022-2023 WORLD UNDERSTANDING



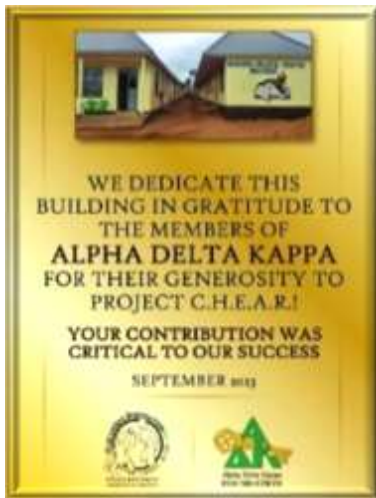
As this biennium ends, it is time to reflect on the success and challenge for our World Understanding Project Program. The

C.H.E.A.R. project in Babati, Tanzania was highly successful. The generosity of Alpha Delta Kappa helped their vision to empower the disadvantaged children with the only

project of its kind in the region through education and agriculture.

Together, we committed to raise \$50,000 for the project, but by the end of September 2023 raised \$73,015.40. The funds enabled them to build a library/media center, a kitchen, and offices. Its additional funds enabled the center to add a water catchment system and gravel parts of the outside areas.

A plaque in honor of Alpha Delta



Kappa is posted at the center. As of now, and due to the current global conditions, the International World Understanding Project Program has been deferred until further notice.

Please visit the [International Website](#) to view the videos and information about our past projects and consider continuing to explore ALL world cultures within your chapters.

Kathleen O'Malley
2022-2024 World Understanding,
Chair

KAREN KIRBY, THE LONGEST DAY TEAM CAPTAIN



The new 2024 fundraising season for the Alzheimer's Association started in January. The Longest Day,

the day with the most light and the day we fight, is **June 20, 2024**. From now until then, California Alpha Delta Kappa will be participating on the International's Global Team in its fundraising efforts.

I am the California Cares Team Captain once again. So far, we have three chapters registered on the AΔK Global Team. Chapter Presidents need to register their chapter as part of California Cares. Here is how to do that. It is very easy to do and only takes a few minutes:

1. Go to alz.org/adk. This will take you to the Alpha Delta Kappa Global Team page.
2. Click on Join a Team. When asked if you have participated before,

choose "No" so you can register your chapter correctly (even if you have participated in the past).

3. Type "California Cares" in the first Search box. Scroll down and click on "Join".

4. Set a fundraising goal (you can change it later) and decide if you want a T-shirt. If not, you can check "No Donation".

5. Fill in the form. Then register your chapter's name by typing **CA followed by your chapter's name** in the First Name box. Put your last name in the Last Name box. Fill in the rest of the form. Hint: In Additional Information, you can choose Fundraise Only.

6. Check the box "Agree to Terms and Conditions", review your details, and finish registration.

Ta da! You are now ready to start depositing donations.

If your chapter does not want to keep a running tally and be a part of a team, donations may be made directly to California Cares either online at alz.org/adk or donations may be mailed to me. Checks may be made out to the **Alzheimer's Association** and sent directly to me, Karen Kirby, at 21921

Calatrava, Mission Viejo, CA 92692.

As you fundraise, even if it is collecting donations at a chapter meeting, please send me pictures and a brief description.

Let me know if you need any assistance at adk.karen.kirby@gmail.com

This is a certificate I received on behalf of our California Cares Team from the Alzheimer's Association.





In January 2024, The Greek Squad members conducted two trainings on the elements, or golden nuggets, found on the California website. There were 35 California sisters who attended! The training included:

1. An overview of the website’s pages
2. Chapter Resources section
3. State officer “Corners” pages.

Some of the comments made on a follow-up survey were:

- “Just looking at all the information that was available on the website was valuable”
- “I found out the many topics available on the CA website which I was unaware of before even though I have been on the website a number of times.”
- “Thanks for a good workshop!”
- “Our Greek Squad was really helpful, could explain circumstances really well, and made it FUN to learn new things!”

This training to be repeated, April 3 at 5:00pm and April 6 at 10:00am. A flyer with more details and a registration form will be mailed to

everyone in March. Watch for trainings on other topics by the Greek Squad. The Greek Squad members are:



Chairman Karen Kirby, CA Gamma Mu,
Diana Galvan, CA Beta Eta,
Kathy Gutierrez, CA Alpha Delta,
Ann McCarty, CA Alpha Lambda,
Debbie Waltzer, CA Iota.

ATTENTION BOTH ACTIVE AND RETIRED EDUCATORS!!

Please see the flyer below for the Regional Professional Development Mini Scholarships that provide funds to attend non-ΑΔΚ sponsored conferences, conventions, seminars, workshops, and non-credit classes. A QR code is on the flyer to access the application.



Or, you may access the application by going to the International

website at alphadeltakappa.org. Go to Foundation > Grants & Scholarships > Regional Mini Scholarships.

Susan Raffo, California State Scholarship Chair

Chapter happenings!

Northern District

Beta Eta 60th Anniversary Celebration

"Monday evening, January 6, 1964, will be remembered as a memorable event in the home of Rosemary Sawtelle, as this group of fifteen women was initiated as charter members into Alpha Delta Kappa International Honorary Sorority for Women Teachers, by the Sacramento Chapter. Our branch will be known as the Beta Eta Chapter." Those are the opening words of the hand-written minutes from CA Beta Eta's first meeting.

60 years after that first meeting, on Monday evening, January 22, 2024, a group of 40 plus women gathered at Cattlemen's Restaurant in Roseville, California for an anniversary celebration. The paparazzi photographed each sister in

her finest couture as she stepped onto the red carpet.

Guests included our two longest standing Active Members Marilyn



Cain (1965) and Vera Aalgaard (1966) who celebrated their 101st and 100th birthdays this January

Past Chapter Presidents Susan Goto, Carolyn Brian, Sandi Roullier, June Killmer, Jane McNally, Ellen Thomas, Diana Galvan, Jan Bianchini, Linda Warfield, Christy Thorson, Kathleen Waffle, California State Presidents Susan Goto, Susan Raffo, Mollie Acosta, and Diana Galvan.



Special guests of honor Immediate Past International President Mollie Acosta, Southwest Regional President Mary Ann Englehart, State President

Rosena Kruley, and State Scholarships Chair and Co-Chair for our State Convention, Susan Raffo were introduced by our chapter Treasurer, past State President, and current State Treasurer, Diana Galvan.



It was a night of laughter, happy tears, and much love, celebrating 60 years of Alpha Delta Kappa altruism, education, and sisterhood.

Submitted by:
 Teresa Heitmiller Olea
 Chapter Beta Eta President '22-'24

Marina District

SAN DIEGO PRESIDENTS' COUNCIL MEETS TO PLAN THE YEAR

Mary Offord offered her home and provided a delicious breakfast as we gathered to receive State updates from

Sara Cooper, attend to business matters, and plan the joint installation of officers for the next biennium in June 2024 at the Bay Club.

This event will also give our three chapters time and the opportunity to socialize with each other and share chapter ideas. Council President Cindy Acerno provided information to the members on local and Southwest leadership teams and themes/logos.

It was a fun and productive meeting for all.



Left to Right
Front Row: Council President Cindy Acerno (Beta Omicron), Council Treasurer Diana Keyes (Eta),
Center Row: Council Secretary Mary Rowe-Sample (Psi), Barbara Campbell (Eta)
Back Row: Linda Aguilera (Beta Omicron), Mary Offord (Psi), Holly Foster (Beta Omicron)

Submitted by Barbara Campbell, CA
 Eta

HAVE YOU EVER WONDERED HOW THE ITE SCHOLARS ARE SELECTED?

ITE Board Chairman Judy Tate and ITE
Board Members Barb Eason and Mary Jo
Heller

We are excited to tell you that we will have three new ITE Scholars in 2024-2025. We will welcome them as we sadly bid “hale and farewell” to our three remarkable second-year scholars Vafa Alakbarova (Azerbaijan-University of Massachusetts), Ambika Putri (Indonesia–Georgetown University), and Sonchat (Dona) Srimahachaota–Thailand, University of Washington), who will each complete her master’s degree this spring.

Although we wish we could share the names, countries, and universities of the new 2024-2025 ITE Scholars, we cannot announce this information until each of the steps in the process described below has been completed.

So, how does the lengthy process of selection happen? Almost all the candidates for an ITE Scholarship come to us through the Fulbright (IEE) program. Fulbright staff vets all applicants to their program and then matches our criteria with the women around the world who are possible recipients of our \$10,000 per year scholarship. In January, they sent us

the applicant packets that match our requirements. The ITE Board Members then adjudicated those applications using a rubric that reflects these women’s demonstrated excellence as scholars, past connection to education in their home countries, commitment to making a difference in education when they return to their home countries, ability/potential to excel in graduate programs at graduate schools in the U.S., and the enthusiastic and specific recommendations they receive from three recommenders in their home countries. This task took place over several weeks with the ITE Board first working independently, without consultation with one another. We then met in a series of zooms to share individual impressions and then to collaborate to come to agreement on the three women to be selected. We also identified three alternates to be used if any of the primary selectees is not able to accept our scholarship. As soon as our process was completed, ITE Board Chairman Judy informed our ITE Board Liaison/ International President Ann Marie Brown and Headquarters staff of our primary selections and three alternates.

Our liaison at Fulbright was also informed of our selections. Fulbright staff will lead the process for the next few months. During the remainder of

the winter and spring, Fulbright identifies four universities to which they are confident each candidate would be admitted and share that information with the candidates, who then complete the application process at their chosen university. After their admission to a graduate program, they are informed that they have been awarded an ITE Scholarship and asked to accept or reject the offer. As soon as we receive an acceptance, ITE Board Chairman Judy will reach out to each scholar who has accepted our scholarship welcoming her and giving her information about AΔK and the important role sponsors will play in her life over the coming year.

As soon as we receive each acceptance (usually in late July/early August), Board Chairman Judy will reach out to each S/P/N and Regional President who will have an ITE Scholar in her area, asking that the S/P/N President recruit two sisters in chapters near the chosen universities to serve as the ITE Scholar’s sponsors. These sponsors become the heart and connective tissue of the International Teacher Education program. We will talk about the vital

role our sponsors play in a future article.

The three new scholars will join our four returning scholars, who have each happily been approved for a second-year scholarship based on her outstanding academic record and strong connection to the ITE community near her university. Our returning scholars, who will receive their master’s degrees in 2025, are Daw Sing Nue Marma (Bangladesh–University of Cincinnati), Phuong Pham (Vietnam-Teachers College, Columbia University), Rose Rementina–Philippines, University of Minnesota), and Sarah Pradoto (Indonesia–University of Georgia).

To find more information on the ITE program, view ITE Webinars, and see photos and contact information for our current ITE Scholars: 1. Sign in to the International website. 2. Click on Foundation. 3. Click on Awards, Grants & Scholarships. 4. Scroll down to ITE and click on that.

| Month | S/P/N | S/P/N | S/P/N |
|-----------|------------|------------|------------|
| August | Alaska | Arizona | Australia |
| September | Idaho | California | Wyoming |
| October | Montana | Colorado | New Mexico |
| November | Hawaii | Oregon | Utah |
| December | ALL | ALL | ALL |
| January | Nevada | Washington | |
| February | New Mexico | Wyoming | |
| March | Alaska | Arizona | Australia |
| April | Idaho | California | |
| May | Montana | Colorado | Utah |
| June | Hawaii | Oregon | |
| July | Nevada | Washington | |

Alpha Delta Kappa International News



Website Updates

Beginning April 1st, all chapter and district websites will be removed from the AΔK website and will no longer be linked.

Regional and state websites will remain. Please reach out to your S/P/N to have your website linked to theirs.

Soaring on the Wings of Opportunity



JOINT NW/SW
REGIONAL
CONFERENCE
THEME AND
LOGO





- **March 9, 2024: Southern District Conference, The Inland Cities Council**
- **March: H-107 Report of Chapter Officers due *immediately following chapter elections***
- **March 15, 2024: Chapter Altruistic Report submission deadline**
- **April: H-107 Report of Chapter Officers due *immediately following chapter elections***
- **April 15, 2024: Regional Mini-Spring Scholarship application deadline**
- **April 15, 2024: S/P/N Altruistic Report Regional Altruistic Chair deadline**
- **April 26 – 28, 2024: California State Convention, Doubletree, San Jose, CA**
- **May 1, 2024: H-107 Report of Chapter Officers FINAL deadline**
- **May 1, 2024: Suspension on May 1 for nonpayment of dues (if not received at HQ by 5/1)**
- **June 20, 2024: “The Longest Day” Alzheimer Association**
- **June 29 – July 1, 2024: NW/SW Regional Conference Bellevue, WA**
- **June 30, 2024: H-114, Annual Chapter Highlight’s Summary to HQ deadline**
- **June 30, 2024: V-1 Annual Chapter Treasurer’s Reporting Form deadline**
- **June 30, 2024: S-1 & S-2 Annual State Treasurer’s Reporting Forms to Headquarters deadline**
- **July 10-13, 2025: International Convention Austin, TX**