

STEPPING STONES

California Alpha Delta Kappa

Volume 1 Issue 3 February/March 2023

President's Message



Since our last communication, I had the honor of attending two more District Conferences. I liked the

theme of the Marina District Conference – Stepping the Future with Music and their guest speaker, who spoke of her background in music. She emphasized the importance of having music in the classroom for our students as part of the curriculum. This is something that I strongly support.

The Southern District Conference featured two speakers on the issue of children's rights. The San Diego District Attorney spoke about the horrors of human trafficking, especially involving children. The Conference also presented information from the San Diego

Council's Altruistic Project – Sharia's Closet, which provides clothing for children in need. Two important issues that are near and dear to my heart.

We are now stepping forward into spring. A very hopeful time for us all.

We have had a lot of challenges the past few months with extreme weather. We needed more water, but I think Mother Nature may have gone a little overboard! We have had to survive floods, mudslides, loss of power, huge snowstorms, and all sorts of weather-related problems. Let's hope that as we move into spring we can recover physically, but also spiritually and mentally.

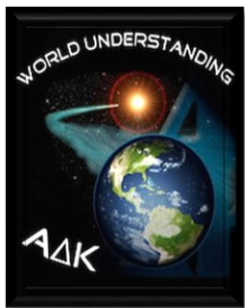
Spring is all about new beginnings and new growth. So, I hope that we can now really focus on stepping

forward into the future with renewed energy and new ideas.

Stepping a bit farther into the future, I hope to see lots of California sisters at the 75th International Convention in Kansas City in July. Our very own California sister, Molly Acosta, is the International President. We are planning to have a get-together just for California sisters. Watch for more information soon. See you there!

I am starting to receive chapter minutes! It been a pleasure to read. It is a door of opportunity for me to learn about all the wonderful projects, volunteer work, and celebrations that go on throughout our state. I can feel the enthusiasm jumping right off the pages. Chapters only need to send me their minutes twice a year, but if you have something special that you want me to know, please send it to me.

Rosena Kruley, California State President



Donations for Project C.H.E.A.R in Tanzania have reached \$54,378! Out of the \$54,378, \$6,999 was contributed from the SW

Region. Together **WE** have supported

another World Understanding project that will help underserved children become healthy and educated who will become leaders in their communities.

Joshua Johnson, director of the program, has sent a [video that gives us a “tour”](#) of the construction that has been achieved thanks to **OUR** support.

There is a “flipbook” with information about our previous World Understanding Projects to share with members and a book list of interest for world understanding on our international website under the [Foundation tab](#).

Applications for the next project have been delayed due to the current global uncertainty but chapters are encouraged to continue to think ahead for a future project.

In the meantime, you may find the following websites of interest.

[Cultural Norms from Around the World](#)
[50 Unique Customs from Around the World](#)

Kathleen O’Malley
CA World Understanding Chair



The new 2023 fundraising season for the Alzheimer's Association started in January. The Longest Day, the day with the most light and the day we fight, is June 21, 2023. From now until then, California Alpha Delta Kappa will be participating on the International's Global Team in its fundraising efforts.

I am the California Cares Team Captain once again, so you will be hearing from me periodically. So far, we have three chapters registered on the AΔK Global Team. Chapter Presidents need to register their chapter as part of California Cares. Here is how to do that. It is very easy to do and only takes a few minutes:

1. Go to alz.org/adk. This will take you to the Alpha Delta Kappa Global Team page.
2. Click on Join a Team. When asked if you have participated before, choose "No" so you can register your chapter correctly (even if you have participated in the past).
3. Type "California Cares" in the first Search box. Scroll down and click on "Join".
4. Set a fundraising goal (you can change it later) and decide if you want a T-shirt. If not, you can check "No Donation".

5. Fill in the form. Then register your chapter's name by typing **CA followed by your chapter's name** in the First Name box. Put your last name in the Last Name box. Fill in the rest of the form. Hint: In Additional Information, you can choose Fundraise Only.

6. Check the box "Agree to Terms and Conditions", review your details, and finish registration.

Ta da! You are now ready to start depositing donations.

If your chapter does not want to keep a running tally and be a part of a team, donations may be made directly to California Cares either online at alz.org/adk or donations may be mailed to me. Checks may be made out to the Alzheimer's Association and sent directly to me, Karen Kirby, at 21921 Calatrava, Mission Viejo, CA 92692.

As you fundraise, even if it is collecting donations at a chapter meeting, please send me pictures and a brief description. I will include them in President Rosena's Stepping Stones newsletters and post them on The Longest Day website.

Let me know if you need any assistance at adk.karen.kirby@gmail.com

In Sisterhood, Karen Kirby
The Longest Day Team Captain

A word from our State

Chaplain.....

Honoring Our Sisters Who Have Joined Omega

The loss of a sister is always a sad time for a chapter. I am always saddened to hear a chapter has lost one of its members, because I understand the love that we share towards one another.

We have a chance at our California State Convention to honor these sisters who have passed into Omega at our Omega Memorial Service. This service will feature some of these members' contributions to AΔK as well as their pictures.

You and your chapter can help in this recognition if you have a member who has joined Omega. When this happens, please send me five or six interesting facts about the sister, the number of years in AΔK, and two pictures of her (digital preferred). When you send the pictures you might choose an individual picture(s) of the sister, and group one with her chapter sisters.

I know the convention is quite a way off, but I have found it is easier to collect this type of information sooner than later when memories are not as fresh. Sadly, we have already lost 9 sisters to Omega so far this biennium. I have already received information about one sister.

If you have any questions, please call me. 714/356/9678. Please leave me a message in case I don't recognize your number and I will return your call. My email is: adkmari.page@gmail.com

Mari Page, State Chaplain



California Sisters, let's celebrate recipients of grant dollars. Keep watching for e-blasts

announcing upcoming "Money for Teacher" opportunities like - the **Regional Mini-Scholarship** (for activities between **May 15 and November 15**) gives active or retired

educators dollars for non-AAK conferences, classes or workshops.

California District Mini Grants, awarded to one member per District annually, promote continuing professional growth, or assists with the cost of materials and/or services that enhance classroom instruction, while benefiting other members and/or the community-at-large. The scope of this grant may include coursework or professional development opportunities. Grants were presented to the following sisters: *Northern District: Christy Thorson, Beta Eta; Marina District: Karen Kirby, Gamma Mu; and Southern District: Linda Aguilera, Beta Omicron.*

Two California educators were recommended by an Alpha Delta Kappa colleague to receive the **International Innovation Grant for non-Alpha Delta Kappa members** with teaching experience of 10 years or fewer. This grant assists creative, innovative educators with the cost of materials and services that enhance classroom lessons. The recipients are **Lisa Joaquin**, recommended by Kimberly Evans-Holmes, CA Beta Iota and **Melissa Souders** recommended by Terri C. Joliffe, VA.

Reminder: Chapter presidents continue to document your chapter

activities and participation on the application form to be eligible to receive the **Betty Rosenberg “Golden Chapter Award”** at the State Convention in April 2024.

Susan Raffo, State Scholarship Committee Chair



California Alpha Delta Kappa has created a new committee, The Greek

Squad. The purpose of the committee is to assist AAK sisters with AAK technology related issues. The five members of the committee are working together to set goals and parameters. Once everything is established, sisters will be able to contact the squad for assistance. Some of the possible areas that assistance will be offered are:

- Help to complete online forms and convention/conference registrations.
- Assist with navigating the California website.
- Assist with navigating the International website.

- Set up chapter and council Zoom meetings and virtual fundraisers.
- Training for chapter presidents on using CA website resources.
- Seminars for people who feel tech is challenged.
- How to change information in the Directory on International website
- Training for chapter chairs on completion of forms such as CNA, Membership, C-1 reports and e-postcards, raffle permits, altruistic reports.
- How to use Google slides, sheets, etc.
- How to use Microsoft Word, Power Point, Excel
- Introduce people to tools they need to do their job.

Everyone on the committee is excited to offer this much-needed technological assistance. Stay tuned for updates.

Karen Kirby

State Technology Chair/Webmaster

Chapter happenings!

Northern District

Beta Eta -Making Connections!



Immediate Past President Kathleen Waffle (Beta Eta, Roseville) Organizes a breakfast or luncheon each month for our Retired Sisters. Breakfast at Awful Annie's in Auburn California. It is a "small group" opportunity for sisters to really connect and get to know each other better.



Past Beta Eta President Ellen Thomas (our current Sergeant at Arms), is an accomplished artist. (left) Beta Eta Chapter sisters visited her neighborhood's recent art show and Past President Linda Warfield (right) purchased one of Ellen's watercolors.



President Elect Rita Prichard interviewed her Beta Eta sister, Naoko Iwasaki Montague, about Naoko's experience with the Peace Memorial in Nagasaki, Japan. Chapter President Teresa Heitmiller Olea captured it all on video, which was then share with Chapter Beta Eta during their World Understanding/Anniversary dinner.

Share your chapter news in the next newsletter. Send article and information to: Rosena Kruley
adk.kruleyr@gmail.com

Beta Alpha - Chapter 60th Year!



Beta Alpha California Chapter recently celebrated their 60th birthday with a gala luncheon! The event took place at their AΔK Founder's Day meeting on October 9th at Black Bear Diner in Walnut Creek, CA. The group provides scholarships to deserving students from a local foster youth program. Two guest speakers from the program (Jessica Lucas and Rachel Luna) were invited to participate in the festivities—which included birthday cake, hats, horns & games. The chapter was founded in 1962.



Beta Rho sisters gathered for brunch to celebrate the holidays this year “in person”. Funds for altruistic projects throughout the year are generated by a Silent Auction leading up to the party. Over \$900 was raised to support Puentes and Teacher Grant (locally) and George Mark House (state project).

PHOTOS! PHOTOS! PHOTOS!
Rosena would like to feature every chapter in the newsletters. Send photos with a caption to: adk.kruleyr@gmail.com

Southern District Eta – Celebrations!



CA Eta Chapter celebrated Sapphire's sister, Sue Ellen Benson, at our January chapter meeting. Sue Ellen's creativity, participation, and dedication at both the chapter and state levels was recognized and appreciated. Eta Chapter President Barbara Campbell is shown presenting the award and a gift to Sue Ellen, after which we enjoyed hors d'oeuvres, wine and socializing together as a sisterhood.



CA Eta Chapter sisters gathered at our annual Altruistic Holiday Auction to benefit Reading Legacies and Aseltine School, two local community organizations in San Diego that support underserved children and their families. This year \$2,140.00 was raised and split equally between the two organizations.

Left to right: Barbara Campbell, Carole Westcott, Rita Corder, Pat Giles, Sue Ellen Benson, Angela Simpson.



L-R: Front row Linda Rankin, Donna Niemeier.

Back Row: Karen Wahler, Pat Giles, Carole Westcott



L-R: Sue Ellen Benson, Pat Stromberg, Chris Cromer, Marti Livingston.

Valley District

Gamma – Better to give than receive!



California Gamma sisters have embraced the adage that it is better to give than to receive. Several years ago, they decided to forego their annual holiday gift exchange, replacing it with a more altruistic project.

Every December, the sisters buy books to donate to the classrooms of their spring scholarship recipients. At the December meeting, the Gamma sisters share the books they chose. Not too long after that, the books are delivered to the classrooms.

This year, the first and fifth grade teachers and their students were delighted to receive their huge box of brand-new books, each with a sticker reminding the reader that the book was donated by Alpha Delta Kappa, Gamma chapter in the hopes that the reader will experience the joy of reading.



Gamma Starlite Vaulters is a local organization that teaches kids how to vault.



Our member Alethea Traskin runs the after school program.



They also compete. All ages and includes some with disabilities



We gave a scholarship to them after watching a performance.

Valley District Conference 2022

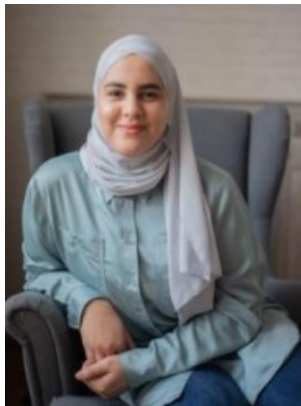


The Gamma chapter sisters attended the Valley District Conference in Bakersfield on November 5th. Two guest speakers shared the process of putting a Veterans statue in a local park.

ATTENTION!! Chapter Presidents

The NW Region has two ITE students this fall. Both are attending the University of Washington. After Janet Johnson, IVP NW Region talked with Diane Best, IVP of the SW Region, they agreed that the Southwest Regional states would help support the ITE students since the Northwest has two ITE students this time. Thank you so much to the SW Region for offering to help.

California will be responsible for supporting Nesrin El-Lsa with cards, gift cards (Amazon, Whole Foods, Trader Joes, Target) emails, gifts or any other ways of making her feel at home and welcomed to our region for the month of **MAY**.



ITE information for California – MAY

Muslim – no
birthday cards -
well wishes
okay.

Nesrin El-Isa

841 Northeast

68th Street #318, Seattle, WA 98115

Contact persons: Debbie Jones

bizzybee1@comcast.net

Liz Wattula wattula@frontier.com

California's Crisis Fund "Educators Helping Educators"

If you know of an educator who has suffered loss in the recent rains, you can fill out a one-page application for a \$300 grant (found on the CA website under **Forms**). Send the application to State President Rosena Kruley.



2023 Candidates for International and Regional Office

Congratulations to these candidates for International and Regional offices, certified by the International Candidate Qualifications Committee by the designated deadline of October 1 or January 1.

2023-2025 INTERNATIONAL OFFICES

International President-Elect:

Conway Blankenship, VA Gamma Kappa
Charlene Lauria, CT Kappa

Four-Year member of the International Executive Board:

Joyce McAloon, CT Alpha Gamma
Terry Peyton, LA Alpha Psi

International Vice President for Membership:

Kathy Beatty, VA Gamma Epsilon

Two-Year Member of the Executive Board:

Julie Kidd, VA Beta Gamma

REGIONAL LEADERSHIP

2023-2024 Regional Presidents (RP): (appointed to the RPE position for 2022-2023):

North Central Region -- Nancy Bishop, NE Epsilon

South Central Region -- Nancy Thompson, KS Alpha Alpha



Message from Mollie Acosta, International President

Sisters,

The time to come home to Kansas City is fast approaching! All information and registration for the 2023 International Convention will be sent to all active members next Wednesday, February 15th. It will also be posted on our website and on AΔK CONNECT. I invite you to join me as we celebrate 75 years of amazing work and look forward to the next 75 years. All members who are fully registered to attend either in person or virtually by May 1st will receive delegate status. All voting will take place online in advance of the convention. This saves time and the expense of voting pads. It also gives us more time to CELEBRATE our sisterhood!!! Let the party begin!

Sharing love, *Mollie Acosta*

Remember!

- **April 15 S/P/N Altruistic Report to Regional Altruistic Chair deadline**
- **April 15, Regional Mini Spring Scholarship application deadline**
- **April 25 International World Understanding Committee submits top 5 proposals to International Executive Board**
- **April 30 International Membership Campaign ends**
- **May 1, last day to register for International Convention to be a delegate**
- **May 1, Automatic suspension on May 1 for nonpayment of dues (if not received at HQ by 5/1)**

- **May 15, Regional Altruistic Reports to International Altruistic Chair deadline**
- **June 1, World Understanding Project Voting begins**
- **June 15, Registration for International convention deadline**
- **June 15, H-142 S/P/N President's rept to IVP for the Region deadline**
- **June 20, "The Longest Day" Alzheimer's Association**
- **June 30, H-114 Annual Chapter Highlights Summary to HQ deadline**
- **June 30, C-1 Annual Chapter Treasurer's Reporting Form deadline**
- **June 30, S-1 & S-2 Annual State Treasurer's Reporting Forms to Headquarters deadline (US & Puerto Rico only)**
- **July 12-16, International Convention, Downtown Marriott, Kansas City, MO**