

## **AΔK Chaplain Thoughts 10-3 and 10-4, 2020 Executive Board Meeting**

### Opening Thoughts

Nature. Jason Ward says, "Being able to smell the fresh air and disconnect from the news and your phone—there's nothing like it." Nature. Today we disconnect from the news and our phones to spend time together planning for the future of California Alpha Delta Kappa. One part of Sara's CA logo this biennium is nurturing the environment as well as teachers and students. Nature gives us so much! Sylvia Plath said, "I felt my lungs inflate with the onrush of scenery—air, mountains, trees, people. I thought, 'This is what it is to be happy.' " We all feel better when we are able to disconnect from our busy world and enter the world of nature. Waves crashing on the beach renews our spirits. Walking a deserted trail in the forest feeds our souls. Watching the sunset from the top of a mountain makes us feel that life is limitless. Ralph Waldo Emerson said, "Adopt the pace of nature. Her secret is patience." As we begin our executive board meeting, let us strive for patience in making decisions that affect the teachers and children our sisterhood supports. Let us nurturer nature and allow her to nurture us.

### Closing Thoughts

There is a Native American proverb that says, "We don't inherit the earth from our ancestors, we borrow it from our children." Let's leave here today being thoughtful of what we are borrowing. Let us insure that we leave here taking actions that will support the education of our California children and support and nurture our California teachers. Let's leave here taking actions that will nurture nature. And, from time to time, let's take a break and allow nature to nurture us.