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CALIFORNIA ALPHA DELTA KAPPA

SISTERS WITH HEART

Edition 4

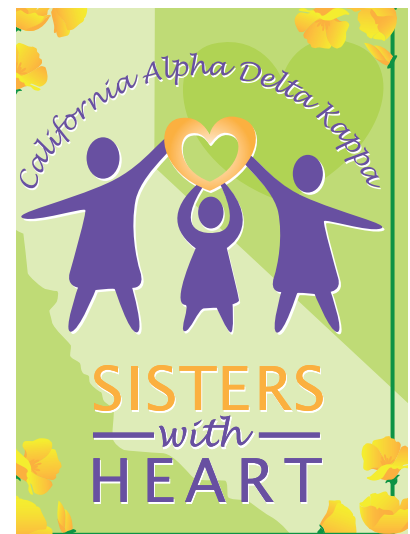
March/April 2015

Renewal

Spring is busting out all over! Flowers are blooming, trees are budding, robins are about, the days are getting longer. Spring is when Mother Nature renews herself. I think it's also the time when California Alpha Delta Kappa should renew herself. It's a time when our chapters should give themselves a shake and look around - to think about - renewal. Beta Omicron in San Diego has shown us the way.

They have initiated 8 new members! Moreover, they included their new members in a "chapter review to identify what's working and ideas we have for strengthening our chapter." What a great idea! I urge all chapters to reflect on what it means to be an Alpha Delta Sister. Why did you become a member? What are your chapter's strengths?

Take steps to renew your chapter. Let's all renew our commitment to California Alpha Delta Kappa. Let's renew our commitment to altruism, to scholarship and to leadership!



Mary Ann

International Convention

Are you coming? Please let State President Mary Ann know!

We are compiling a list of attendees and hope to coordinate shuttle trips from the airport to the hotel. We are also working on a California dinner on Thursday, July 9th with a field trip to the Mormon Tabernacle Choir rehearsal following dinner.

Remember, the International Convention will be held on July 8-11, 2015, at the Grand America Hotel in Salt Lake City, Utah. Every chapter will have TWO delegates and TWO alternates! Several of your California sisters are presenters for sessions of the Educational Symposium. The International website has the up-to-date list of sessions. Make

your travel plans now! Choose your delegates! **The first registration deadline is April 1st! The registration fee goes up after that.** Call the hotel directly to hold the reservation and charge your card after your stay: Hotel direct line:
801-596-5700 (Little America)
801-258-6000 (Grand America)

Resolutions!

The two resolutions proposed by the California State Board have been approved by the International Resolutions Committee. Watch for them in the May Kappan and decide how you want your chapter delegate to vote!





CHAPTER NEWS

Beta Pi

The Beta Pi Chapter of Alpha Delta Kappa has been involved in many projects this year to promote education, community, and world understanding.

We started the year off my inviting Lisa Blanchard from the Grateful Garment Project. This is an organization that gives dignity to women who have been victims of rape by giving them new undergarments and clothes to wear home after leaving their clothes as evidence. Later in the year we supported this project by giving a donation.

Monthly, we give to the House of Grace. This is a group of women, who have been in prison and struggled in life. The courts have given these women one more chance to acquire skills, knowledge, and confidence to go out and make a new life for themselves. We donate shampoo, conditioner, hand lotion, hand soap etc. to make their lives a bit easier. Every year they serve us dinner and one of the ladies tells us why she is there and her goals are for the future.

Each Christmas we give stuffed bears to needy children.

We have two fundraisers each year to promote scholarships in education and to continue our altruistic projects in the community and nation. We sell different kinds of nuts and we have a lunch and BUNCO party.

We volunteer monthly at Books Aloud, RAFT (Resource Area for Teachers), and Heart of the Valley, a transportation service for independent but non-driving individuals.

Monthly, we give our members an opportunity to buy a raffle ticket to bid on an opportunity basket. This money also goes for scholarships and altruistic projects.

Each month we give the Blue Star Moms donations such as foot powder, deodorant, tissues, etc.

In May, we are having an international potluck where all of the members bring a dish of their nationality. At this meeting we discuss how we can make this world a better place.

We think that socials are also an important part of A.D.K. Beta Pi. This year we have taken a "field trip" to Levi's Stadium. We have also made jewelry, and gone to a class about making glass together.

We feel we have a good balance of education, altruism, and social and world understanding.

Our membership feels good about what we are doing to make this world a better place and we feel we are "Sisters with Heart", but realize there is still much to do.

Kathie Briggs Co-president
Nan Caldwell Co-president

Beta Eta

California chapter Beta Eta supports a variety of altruistic projects. Chapter members voted to support former foster youth students attending Sierra College. Currently, there are 150 former foster youth students attending Sierra. In December, they were able to replenish their food closet by a grand shopping spree at Costco. In April, they will be purchasing 100 three ring binders for next school year. Last year, they purchased 100 scientific calculators for them. Literacy in the community is near and dear to Beta Eta sisters' hearts as demonstrated by the many hours donated to the local Friends of the Library and their generous donation of 60 new books for the Christmas baskets at a local elementary school. One of the members had a class project with SPCA so members contributed food, blankets and toys for the animals. On March 5th, they hosted over 100 guests at our annual Bunco party to raise money for our scholarships for future teachers. Beta Eta members are generous, thoughtful, energetic women who keep altruism alive and well.

Gamma

Gamma chapter just had our Guest Night Out evening where we had dinner with our spouses and friends at the Soaggetti Factory. We've toured Valley Teen Ranch and Break the Barriers in the last two months and have been touched by these compassionate institutions. Our December meeting we each brought new childrens' books, and after summarizing the books gave them to our guest, the principal of Ernie Pyle Elementary School.

Linda Barker

Gamma Mu



Giving Back to Our Soldiers

At the February, 2015, meeting, California Gamma Mu members packed and shipped boxes to soldiers stationed in the Middle East. Altruistic Chairperson Twyla Zerwas used anysoldier.org to locate a United States Army unit that was in need of supplies. The unit she chose is comprised of forty men and ten women

stationed in a remote area. They listed a variety of needs on the website along with the statement, "You can send anything you would wish you had if you were stranded on a desert island."

The women of Gamma Mu mobilized. They purchased a wide variety of items including laundry soap, sunglasses, snacks, coffee, sheets, tee shirts, personal hygiene products, books, cards, and games. All the items were packed tightly into fifteen boxes and mailed to the address on the website. From there, the boxes will be sent on to the army unit.

This marks the eighth year Gamma Mu has sent boxes to United States soldiers stationed overseas. Two years ago, the chapter received a US flag from the unit that received the boxes that year. The flag was raised during a special ceremony conducted on base and dedicated to Gamma Mu in appreciation for the chapter's generosity. The flag is presented at each chapter meeting, reminding everyone of the service, sacrifice, and dedication of our service men and women.

Alpha

Alpha Chapter is fortunate to have a strong membership who participate regularly and share their many talents and interests. We meet monthly, sometimes at Castlewood Country Club and others at interesting locations such as the Rosie the Riveter Museum where we had a tour and

learned much about World War II in the Bay Area or the Oakland Museum. Our annual Alpha Scholarship Luncheon and Fashion Show, held each May at Castlewood Country Club in Pleasanton, is coming up soon. We are all working on thematic baskets and door prizes for the "opportunity drawing." Our profits help us to fund three one-thousand dollar scholarships that are awarded to women just starting out in the classroom. Each year, when we meet our scholarship recipients we are reminded of ourselves at the beginning of our careers and can only imagine all the wonderful things that are ahead for these outstanding young women. In addition to these scholarships, we also support Building Futures for Women and Children and an organization that supports foster children entering college at California State University, East Bay. To both of these groups we give our time, money and donations of needed items. We are proud to be members of Alpha Delta Kappa.

Joan Porter
Alpha President

Alpha Lambda

Alpha Lambda is having our fourth annual Fashion Show and Boutique on April 18th. It has become so popular that we've already sold out. The theme this year is Derby Day with ADK and the proceeds go to Science Camp Scholarships for 5th graders in Sunnyvale, Sunnyvale Community Services, Support Network for

Battered Women, Grateful Garment Project, and InnVision Support Network. The Singing Sisters will be performing.

Karen McGough

Beta Chapter

Beta Chapter recently celebrated Lunar New Year during our February meeting where one of our members, Diane Golton, shared historical information about her family; how her grandparents came to the US and the way in which her grand-mother held the family together. Diane also recounted how her grandfather urged her mother to be the first to go to college and become a teacher.

Beta continues to support two altruistic endeavors--Raphael House and Expanding Your Horizons. Raphael House takes in families and supports them find jobs. We collect toiletries and give a monetary donation on an annual basis. Expanding Your Horizons is a program that encourages girls to pursue math and science in school. We give them a monetary gift annually to help fund a conference held in October at San Francisco State University. One

of our members, Lisa Ernst, is chairing the 2015 conference.

Mary Ellen Davis

Beta Rho

Beta Rho has been busy the last two meetings putting together "goodie bags" for the local homeless shelter, "Faithful Fools", in the San Francisco Tenderloin. These bags include collections of various toiletries that our members have collected along our travels like shampoo, soaps, toothpaste, toothbrushes, dental floss, etc. The items are hand delivered by one of our members and they are dispersed for the folks using the shelters.

Sherry Lynes

Thank you, Chapters, for your contributions to our newsletter and for all you do for Alpha Delta Kappa! Sharing your activities and altruistic projects inspire and motivate all of us!



WELCOME, CAROLE!!

Carole Taylor of Beta Chapter has graciously agreed to assume the duties of World Understanding Chairman now that Kathleen O'Malley is State Corresponding Secretary. She's already hard at work at her new job, and has suggestions for you and your chapter for a World Understanding meeting. Check out the World Understanding page on the state website! If you need ideas or have something to share, you can contact her at caroletaylor@gmail.com.

STATE BOARD NEWS!!

State Executive Board Meeting Highlights - March 2015



"We're going to be here for a while, so instead of taking time to run down a zebra or wildebeest, let's just order take-out."

The state executive board met during the weekend of March 6-8 in Rancho Bernardo. After enjoying the Southern District Conference, board members had a busy afternoon! Following are highlights of the meeting:

A motion was approved to send a contribution of altruistic funds to the State altruistic project, "School on Wheels," since donations plus interest from the account total slightly over \$1000 at this time. A second donation will be presented to the charity at State Convention in 2016.

It was approved to offer one **Eleanor Bendell State Scholarship** in the amount of \$2500 in 2016. By consensus board members approved updates and revisions to the application process. A revised description of the state scholarship committee chairman's duties was approved.

It was approved to add a common statement to the duties of all state committee chairmen. Chairmen are charged to "update and maintain this job description throughout the biennium by revising the job description and including relevant documents."

A motion was approved to accept the Betty Rosenberg Golden Chapter Award application as revised.

It was approved that the state executive board write a resolution for presentation at the 2016 State Convention in relation to allowing chapter sales at district conferences.

The state executive board's next board meeting will be held in October at Northern District Conference, although members will keep in touch and will enjoy time together at International Convention.

Lynne Keating, Gamma Eta
State Recording Secretary

Bylaws Update

All chapters in the Northern District and the Marina District have submitted Letters of Certification. So has the chapters in the San Diego Council. Yahoo! If your chapter has not yet sent in your Letter of Certification to Susan Raffo, **PLEASE**

do so asap!! Your chapter's non-profit status is at stake!

Susan Raffo, Beta Rho
1309 Castillo Avenue
Burlingame, 94010

Membership

Here are our California membership numbers as of March, 2015:

# of chapters:	54
New members:	43
Re-instated members	5
New Omega members	12
Resignations	69

TOTAL # OF MEMBERS: 1,209

International numbers are: 32,893 members in 1,294 chapters

Congratulations to the following chapters for retaining their members!

Alpha	Beta
Kappa	Lambda
Phi	Psi
Xi	Zeta
Alpha Lambda	Alpha Nu
Alpha Pi	Alpha Rho
Alpha Xi	Beta Kappa
Beta Rho	Beta Tau
Beta Theta	Beta Xi
Beta Zeta	Gamma Beta
Gamma Lambda	Gamma Mu

The deadline for the 2015 AΔK Membership Campaign is April 15th! Be sure to send the H-133, Report of Initiation, to International by that date! International's goal is for every chapter to add one new

member. California's goal is for every chapter to add TWO new members. Your chapter could win a \$100 stipend toward registration for the International Convention in Salt Lake City in BeJuly of 2015. Don't forget to submit the H-103/131 New Member Application, before initiation for approval.

Make sure you file H-119's for any member changes, SUCH AS, resignations, transfers, email address changes, etc. Also, send/email a copy to Vice President/Membership Becky Sikes!!

Treasurer's Corner

Heads up, Treasurers!! You should have received an email from California State Treasurer Karen Kirby advising you to change your passwords for the e-postcard. Please do as the email states and reset your password. You can access the 990-N (E-Postcard) website by clicking on the links provided in their email or you can access it through the Alpha Delta Kappa website or through the IRS website. All of these links route you to the same 990-N (E-Postcard) website. To change your password on the 990-N (E-Postcard) website, click on <https://epostcard.form990.org/>



Southern District Conference - 2015



Michelle White, Peg Terwilliger,
Rosemary Heenan, Linda Fedderer,
Sue Ellen Benson, Maria Gutierrez



Michelle Cannizzaro, Melissa Criss,
Elvie Leano, Wendy Halsy, Manda
Forrestal, Mary Rowe-Sample,



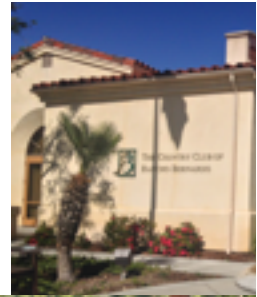
Historian Sara Cooper,
Gwen Marino and State
President Mary Ann

March 7th, 2015 the State Executive Board ventured to Rancho Bernardo for the last of California's district conferences. Although much of the country was suffering with extremely cold weather, San Diego greeted all with blue skies and low-70's weather.

The Rancho Bernardo Country Club had lush green lawns surrounded with abundant flowers.

The Southern District sisters greeted one another with hugs, coffee and chatter, then Alice Bullard, San Diego Council President called the meeting to order. The meeting was efficiently run and two special events took place. The first was the initiation held for Evie Leano of Beta Omicron. The State Officers swore her in to the organization and after Michelle Cariss pinned her, the room rose to welcome Evie into Alpha Delta Kappa.

The second event was awarding Gwen Marino, of Beta Iota, her Golden Sister award. Gwen is one of the original charter members of Beta Iota (of the Inland Cities Council) and her chapter just celebrated its 50th



Evie Leano

anniversary! Although Gwen has lived in Rancho Bernardo for many years, she still kept touch and paid dues to her founding chapter. State President Mary Ann presented her the certificate and photos were taken. To have a brand new member along side a 50-year member shows the strength of our sisterhood!



Altruistic Socks Collection

Alejandra Sosa from Washington Elementary School, gave information about the altruistic project for which socks were donated as members entered the dining room - over eleven huge shopping bags were filled with colorful and new socks for the children between

kindergarten and up to adult size, as some 6th graders have large feet! Alejandra's passion about

helping homeless children was both heart-wrenching and motivating. She spends many hours of her own time reaching out and helping these families in many ways. Alpha Delta Kappa's socks will help in a small, but significant way.

After the meeting adjourned, eating commenced, visiting commenced, then all sang "The Lamp of Alpha Delta Kappa" before going out to enjoy a beautiful day.



Evy Newton and Pat



Mary Rowe-Sample, Gretchen Nakanishi, Barbara Jenkins



Nancy Keller and Angela S



Beta Omicron - The Serious Bunch

Chaplain's Thoughts

Every thought we think is creating our future. Whether you think you can, or think you can't, you're right.

Henry Ford

Teacher, let me swim in a puddle,
Let me race a cloud in the sky,
Let me build a house without walls.

But most of all,
Let me laugh at nothing things.



Teacher, come on outside.
I'll race you to the seesaw.
No, you won't fall off.
I'll show you how.
Don't be afraid, teacher
Grab my hand and follow me.
You can learn all over again.

"The Geranium on the Windowsill Just Dies But Teacher You Went On"
Albert Cullum

May you be rich in blessings, poor in misfortune,
Slow to make enemies, quick to make friends.
But rich or poor, slow or quick
May you know nothing but happiness from this day forward.
An Irish Proverb

STATE ALTRUISTIC PROJECT

Here's a link to the School on Wheels website. There's a great video about our State Altruistic project. You can show it at chapter meetings, council meetings, etc., etc.!!!

<http://www.schoolonwheels.org/>

WORLD UNDERSTANDING PROJECT

Two teams of Alpha Delta Kappa members journeyed to Peru for the dedication of the Project H.O.P.E school. You can follow them on their journey on the International website. Also, \$25,851.50 has been raised for our current World Understanding Project, Books on the Move.

EXCELLENCE IN EDUCATION

Calling all extraordinary women educators. The Excellence in Education award is for members who exhibit exceptional professional dedication, knowledge, skills, professional achievement and success, school/ community collaboration, and contributions to the educational process.

We all know women members that have these qualities. Please think about nominating someone for this award. Nominations will be due December 1, 2015.

Barbara Murray, Alpha Iota
Excellence in Education
Committee Chairman

Congratulations, District Mini-Scholarship Winners!!

Linda Futterer, Southern District
Carolsue Acres, Northern District

Nancy Winn, Marina District
Barbara Cerri & Maureen Boland,
Northern District

There were no applicants from the
Valley District.

ELEANOR BENDELL STATE SCHOLARSHIP

The Eleanor Bendell State Scholarship guidelines have been expanded to include worthwhile academic projects. Check out the new guidelines, rubric and application on the state website! The recipient of the 2014-2016 Eleanor Bendell State Scholarship will receive \$2500.00.



HAPPY GOLDEN ANNIVERSARY!!!

BETA KAPPA

May 2, 1965

INTERNATIONAL NEWS!!



International has revised the Chapter Needs Assessment form. Please check out the guidelines, timeline and new forms! You can find them on the International website AND on the California website. The Needs Assessment is to be completed by the Remember, the 2015 Chapter Needs Assessment is completed by the chapter membership chairman and the chapter president. The completed form is returned to the Becky Sikes, our State Vice President/Membership AND to the regional membership consultant **on or before** October 1st!

Becky's contact information is:

Rebecca Sikes, Alpha Pi

3186 Cactus Circle
Highland, CA 92346
909 864-2852
sikes.becky@gmail.com

Ellen Wixon, Southwest Regional Membership Consultant:

Ellen Wixon
P.O. Box 637
Kaysville, Utah 84037
(801) 244-4236
Lndubya@hotmail.com

Have you ever checked out the **HIGHLIGHTS** tab on the International website? There's an awesome youtube videos of Laura Bourgeois' ALS Ice Bucket Challenge and with interviews with our ITE students. You can also see the results of the 2014 Alpha Delta Kappa Member Survey and Regional Conference highlights.

DATES TO REMEMBER!!

- April 1:** Deadline for registration for International Convention for the early registration price
- April 15:** Membership Campaign ends! Due date for H-133's!
April 15: Regional Mini-Scholarship spring application deadline.
- July 8-11:** International Convention in Salt Lake City, Utah!
- August 1st:** Deadline for submission of H-114, Annual Chapter Highlights Summary to International
- October 1st:** Chapter Needs Assessment due to State Vice President/Membership and Regional Membership Consultant
- October 15th:** Postmark deadline for Regional MiniScholarship applications for activities taking place between November 15 and May 15 to be received by Regional Scholarship Programs Committee Chairman.

THANK YOU!!



